

## Family peer support monthly calls

## **Agenda**

#### Family peer support monthly calls

The purpose of this monthly call is to develop a statewide learning community for individuals certified as a Family Peer Support Specialists (FPSS) in Utah and provide continuing education credit to FPSS.

## Post adoption June 23

# Why leisure matters? July 28

### Crisis supports August 25

## Opioid response September 22

#### Summary

Learn about the Division of Child and Family Services (DCFS) and DCFS post adoption services. This call will focus on DCFS services, post adoption supports, and how a FPSS can support families engaged with DCFS.

#### Summary

Learn about the importance of leisure and recreation in mental health recovery. This call will focus on the benefits of leisure activities and the importance of skill development for youth and their families.

### Summary

Learn about crisis supports in Utah. This call will focus on crisis continuum, coordinating supports following a crisis, and tips and tricks for supporting a family who is experiencing a mental health crisis.

### Summary

Learn about the statewide opioid response. The call will focus on discussing the opioid problem in Utah and what interventions have been put in place to address the concern.